

Stone Lawn Tennis & Squash Club Programme 2015

Activity	Contact	Contact Number	Place	M	T	W	TH	F	S	S
Family Tennis	Steve Proud	07976 293752	5/6 courts		5.30-6.30pm					
Ladies Practice Night			2/4 courts	6.30pm						
Men's Practice Night			2/4 courts					7.30pm		
Adult Social Tennis			6 courts		6.30pm		6.30pm			
Adult/Family Social Tennis										3pm
Ladies League Fixtures*			2/4 courts	6.30pm						
Men's League Fixtures*	Graham Cole	grahamcole05@gmail.com	2/4 courts			6.30pm		6.30pm	10.30am	11am
Squash***		Booking System	Courts 3 & 4							
Spinning	John McCredie	01785 818620	Squash Court 1	6.30-7.15pm	6.30-7.15pm		6.30-7.15pm	6-645pm		
Table Tennis**	Peter Harrison	petermharrison@talktalk.net	Squash Court 2		7pm	7pm	7pm			
Yoga	Emma Edmunds	07581 784106	Uptairs Function Room		9.30-11am					
Pilates	Suzanne Longstaff	07890 742083	Uptairs Function Room					10-11am		
Keep Fit			Uptairs Function Room			8-9pm				
Stone Bridge Club			Uptairs Function Room			10-12noon				
Trent Vale Bridge Club	Ted Pick	01785 812750	Uptairs Function Room				1.30-4.30pm			
Circuit Training	Shane	07807 006239	Squash Court 2		6.45-7.45pm		7-8pm	7-8pm		4-5pm
Stone Wheelers	Paul Jennings	01785 615250	Uptairs Function Room				8-9pm			
Blue Diamonds Square Dance	Nigel	01785 811876	Downstairs Function Room				8-10pm			
Stone Master Marathoners		secretary@stoneman.co.uk	Downstairs Function Room			6pm				morning
Slimming World	Kay	01782 250880	Uptairs Function Room		5-9pm					
U3A Play Reading	Pat Conlong	01785 812410	Uptairs Function Room			2-4pm				
U3A Spanish	Jane Byrne	01785 815089	Downstairs Function Room		10-11.30am					
U3A Italian	John Hughes	01782 385299	Uptairs Function Room		2-3.30pm					
U3A Table Tennis (Oct-March)	Jack McFarlane	01785 814389	Squash Court 2		2-4pm					
U3A Monthly Meeting	Bruce Evans	01785 748453	Uptairs Function Room					afternoon		
U3A Guitar	Roy Ford	01782 643899	Downstairs Function Room			11.30-12.30				
Bar		01785 815429			6.30pm	6.30pm	6.30pm			

*Number of courts dependant on how many matches on at same time.

**Seasonal

***Booking sheet in squash corridor

For a more detailed tennis court schedule please see Tennis Timetable 2015

Contacts: Tele: 01785 815429 / www.sltc.org.uk